

Preventive care is covered at 100%

That means no cost to you. So don't put off your child's checkups and vaccines. Schedule a visit with the doctor today!

Anthem BlueCross

This guide is for people enrolled in the Anthem plan. Some people may be at higher risk for health issues due to their family history, their race or ethnicity, or other reasons. Talk to your doctor if you have concerns about your health.

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52580CMEHB03/15

Birth to 5 days

Milestones:	Recommended vaccine
<ul style="list-style-type: none"> • Skin color may change slightly • Sucks, roots and turns head toward a nipple in search of food when cheek is touched • Umbilical cord begins to heal during this time 	Hep B: The first dose of this series is usually given while you are in the hospital.

Did you know? Babies should sleep on their back in their own bed (bassinet or crib) to reduce their risk of Sudden Infant Death Syndrome (SIDS).

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

1 month

Milestones:	Recommended vaccine
<ul style="list-style-type: none"> • Closes hands and grasps your finger 	Hep B

Did you know? Your baby should have tummy time when awake and you are there to watch.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

2 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none"> • Can stand alone and may walk • Sits and crawls • Soft spot on back of head closes • Gets first tooth 	RV DTaP HiB PCV IPV Hep B

Did you know? A rear facing car seat is the safest way to travel until your child is at least one year old and 20 pounds. Car seat laws may be different in each state. Contact your local police or the Department of Motor Vehicles (DMV) to find out what's required in your state.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

4 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none"> • Grasps objects • Raises upper body with arms while lying on tummy • Keeps head steady when sitting on your lap 	RV DTaP HiB PCV IPV None

Did you know? Your baby should have tummy time when awake and you are there to watch.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

6 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none"> • Doubles birth weight • Says a couple of words • Gets first tooth 	RV DTaP HiB PCV IPV Varicella

Did you know? Healthy babies can cry up to three hours a day.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

9 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none"> • Picks up objects while standing without losing balance • Organizes phrases of two to three words • Understands two-step commands • Keeps head steady when sitting on your lap 	RV DTaP HiB PCV IPV Hep A

Did you know? People who carry HIB bacteria can spread the disease without becoming ill themselves.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

12 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none"> • Builds a tower of two to four blocks • Uses a spoon and cup, with help, to feed self • Gets first tooth 	RV DTaP HiB PCV IPV Influenza (given yearly)

Did you know? Toddlers grow at a slower rate than younger babies and have less of an appetite compared to previous months.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

18 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none"> • Smiles and turns head to locate sound • Soft spot on back of head closes • Gets first tooth 	RV DTaP HiB PCV IPV Hep B

Did you know? Healthy babies can cry up to three hours a day.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

24 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none"> • Walks alone • Runs stiffly and with frequent falls 	None

Did you know? Separation anxiety is normal at this age. Babies will cling to parents even if they are with a familiar person.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____



Anthem





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This guide is for people enrolled in the Blue Cross and Blue Shield of Georgia plan. Some people may be at higher risk for health issues due to their family history, their race or ethnicity, or other reasons. Talk to your doctor if you have concerns about your health.

Blue Cross and Blue Shield of Georgia, Inc. and Blue Cross Blue Shield Healthcare Plan of Georgia, Inc. are independent licensees of the Blue Cross and Blue Shield Association. The Blue Cross and Blue Shield names and symbols are registered marks of the Blue Cross and Blue Shield Association.

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BlueCross BlueShield of Georgia

Birth to 5 days

Milestones:

- Skin color may change slightly
- Sucks, rooting and turns head toward a nipple in search of food when cheek is touched
- Umbilical cord begins to heal during this time

Recommended vaccine

Hep B: The first dose of this series is usually given while you are in the hospital.

Did you know? Babies should sleep on their back in their own bed (bassinet or crib) to reduce their risk of Sudden Infant Death Syndrome (SIDS).

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

1 month

Milestones:

- Closes hands and grasps your finger

Recommended vaccine

Hep B

Did you know? Your baby should have tummy time when awake and you are there to watch.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

2 months

Milestones:

- Smiles and turns head to locate sound
- Soft spot on back of head closes
- Gets first tooth

Recommended vaccine

RV DTaP
HiB PCV
IPV Hep B

Did you know? A rear facing car seat is the safest way to travel until your child is at least one year old and 20 pounds. Car seat laws may be different in each state. Contact your local police or the Department of Motor Vehicles (DMV) to find out what's required in your state.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

4 months

Milestones:

- Grasps objects
- Raises upper body with arms while lying on tummy
- Keeps head steady when sitting on your lap

Recommended vaccine

None

Did you know? People who carry HIB bacteria can spread the disease without becoming ill themselves.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

6 months

Milestones:

- Doubles birth weight
- Sits and crawls
- Gets first tooth

Recommended vaccine

PCV Influenza

Did you know? Healthy babies can cry up to three hours a day.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

9 months

Milestones:

- Picks up objects while standing without losing balance
- Drinks from a cup with very little spilling
- Understands two-step commands
- Scribbles

Recommended vaccine

Hep A

Did you know? Once your baby begins getting teeth, visit the dentist every six months.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

12 months

Milestones:

- Can stand alone and may walk
- Says a couple of words
- 1-year-olds should weigh three times their birth weight

Recommended vaccine

Influenza (given yearly)

Did you know? Toddlers grow at a slower rate than younger babies and have less of an appetite compared to previous months.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

18 months

Milestones:

- Builds a tower of two to four blocks
- Uses a spoon and cup, with help, to feed self
- Runs stiffly and with frequent falls

Recommended vaccine

Varicella

Did you know? Toddlers grow at a slower rate than younger babies and have less of an appetite compared to previous months.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

24 months

Milestones:

- Grasps objects between the tip of the thumb and index finger

Recommended vaccine

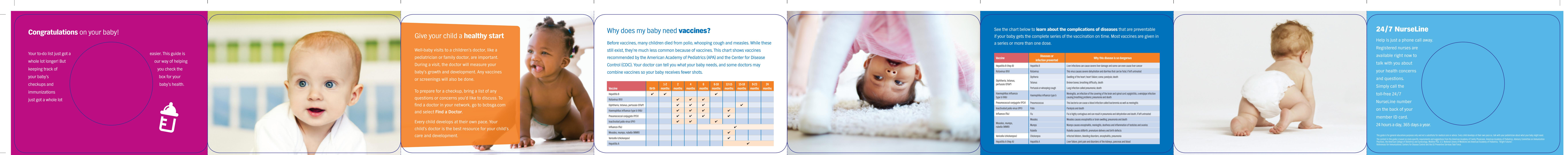
DTaP

Did you know? Separation anxiety is normal at this age. Babies will cling to parents even if they are with a familiar person.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

A well-baby guide for birth through 2 years

Healthy child. Happy family.



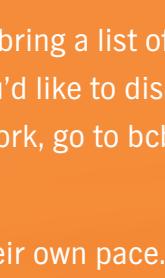
Congratulations on your baby!

Your to-do list just got a whole lot longer! But keeping track of your baby's checkups and immunizations just got a whole lot easier. This guide is our way of helping you check the box for your baby's health.

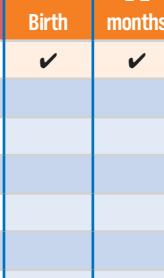
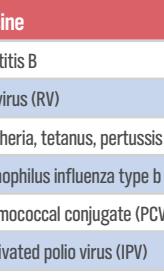


Give your child a healthy start

Well-baby visits to a children's doctor, like a pediatrician or family doctor, are important. During a visit, the doctor will measure your baby's growth and development. Any vaccines or screenings will also be done.



To prepare for a checkup, bring a list of any questions or concerns you'd like to discuss. To find a doctor in your network, go to bcbsga.com and select Find a Doctor.



Every child develops at their own pace. Your child's doctor is the best resource for your child's care and development.

See the chart below to learn about the complications of diseases that are preventable if your baby gets the complete series of the vaccination on time. Most vaccines are given in a series or more than one dose.

Vaccine	Birth	1-2 months	2 months	4 months	6 months	6-18 months	12-15 months	15-18 months	9-23 months	24 months
Hepatitis B (Hep B)										
Rotavirus (RV)										
Diphtheria, tetanus, pertussis (DTaP)										
Haemophilus influenza type b (Hib)										
Pneumococcal conjugate (PCV)										
Inactivated polio virus (IPV)										
Influenza (flu)										
Measles, mumps, rubella (MMR)										
Influenza (flu)										
Measles, mumps, rubella (MMR)										
Varicella (chickenpox)										
Hepatitis A (Hep A)										

Why does my baby need vaccines?

Before vaccines, many children died from polio, whooping cough and measles. While these still exist, they're much less common because of vaccines. This chart shows vaccines recommended by the American Academy of Pediatrics (AAP) and the Center for Disease Control (CDC). Your doctor can tell you what your baby needs, and some doctors may combine vaccines so your baby receives fewer shots.

Vaccine	Birth	1-2 months	2 months	4 months	6 months	6-18 months	12-15 months	15-18 months	9-23 months	24 months
Hepatitis B	✓	✓								
Rotavirus (RV)			✓	✓	✓					
Diphtheria, tetanus, pertussis (DTaP)		✓	✓	✓	✓					
Haemophilus influenza type b (Hib)		✓	✓	✓	✓	✓				
Pneumococcal conjugate (PCV)		✓	✓	✓	✓	✓				
Inactivated polio virus (IPV)		✓	✓	✓	✓	✓				
Influenza (flu)										
Measles										
Mumps										
Rubella										
Varicella (chickenpox)										
Hepatitis A										

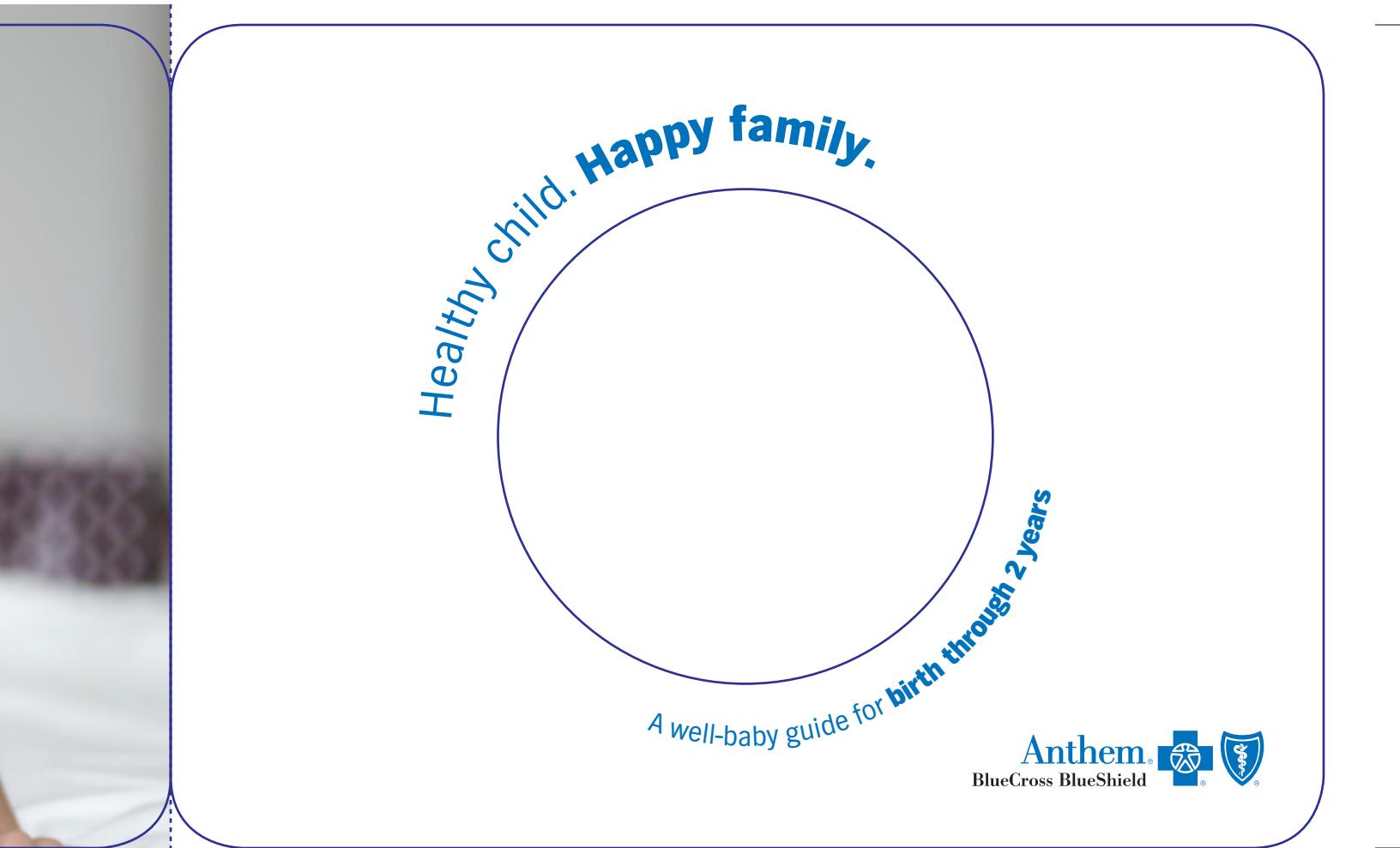
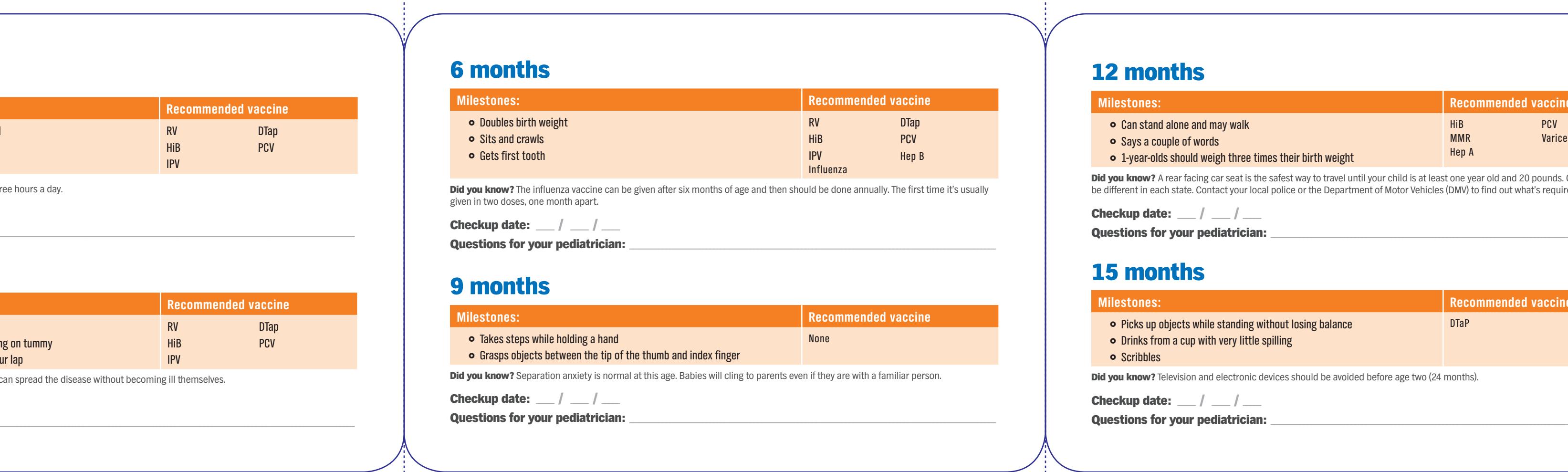
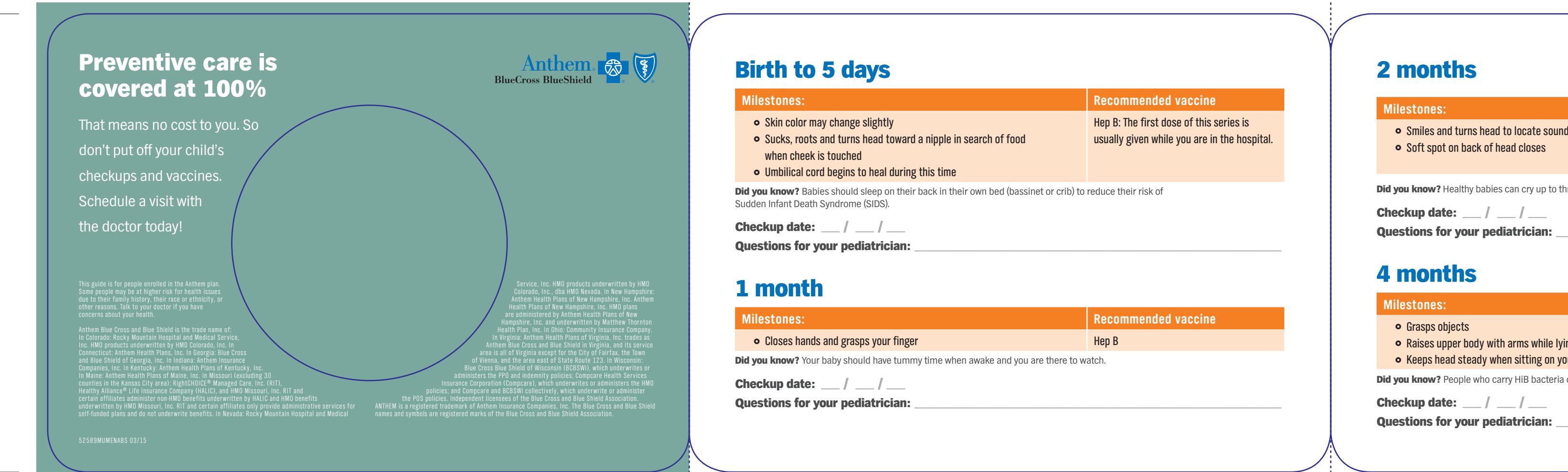
24/7 NurseLine

Help is just a phone call away. Registered nurses are available right now to talk with you about your health concerns and questions. Simply call the toll-free 24/7 NurseLine number on the back of your member ID card.

24 hours a day, 365 days a year.

This guide is for general education purposes only and is not a substitute for medical care or advice. Every child develops at their own pace so, talk with your pediatrician about what your baby might need.

The content in this guide is based on state-specific requirements and suggestions from the American Academy of Family Physicians, American Academy of Pediatrics, Advisory Committee on Immunization Practices, the American College of Obstetrics and Gynecology, Medline Plus, U.S. National Library of Medicine and American Academy of Pediatrics. "Bright Futures". References for Immunization: Centers for Disease Control and the US Preventive Services Task Force.





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Empire
BLUECROSS

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Services provided by Empire HealthChoice HMO, Inc. and/or Empire HealthChoice Assurance, Inc., licensees of the Blue Cross and Blue Shield Association, an association of independent Blue Cross and Blue Shield plans.

52589NYMNEBC 03/15

Birth to 5 days

Milestones:

- Skin color may change slightly
- Sucks, rooting and turns head toward a nipple in search of food when cheek is touched
- Umbilical cord begins to heal during this time

Recommended vaccine

Hep B: The first dose of this series is usually given while you are in the hospital.

Did you know? Babies should sleep on their back in their own bed (bassinet or crib) to reduce their risk of Sudden Infant Death Syndrome (SIDS).

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

1 month

Milestones:

- Closes hands and grasps your finger

Recommended vaccine

Hep B

Did you know? Your baby should have tummy time when awake and you are there to watch.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

2 months

Milestones:

- Smiles and turns head to locate sound
- Soft spot on back of head closes

Recommended vaccine

RV DTaP
HiB PCV
IPV Hep B

Did you know? A rear facing car seat is the safest way to travel until your child is at least one year old and 20 pounds. Car seat laws may be different in each state. Contact your local police or the Department of Motor Vehicles (DMV) to find out what's required in your state.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

6 months

Milestones:

- Doubles birth weight
- Sits and crawls
- Gets first tooth

Recommended vaccine

HiB PCV
MMR Varicella
IPV Influenza

Did you know? Healthy babies can cry up to three hours a day.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

12 months

Milestones:

- Can stand alone and may walk
- Says a couple of words
- 1-year-olds should weigh three times their birth weight

Recommended vaccine

Influenza (given yearly)

Did you know? Toddlers grow at a slower rate than younger babies and have less of an appetite compared to previous months.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

18 months

Milestones:

- Builds a tower of two to four blocks
- Uses a spoon and cup, with help, to feed self
- Runs stiffly and with frequent falls

Recommended vaccine

None

Did you know? Toddlers grow at a slower rate than younger babies and have less of an appetite compared to previous months.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

24 months

Milestones:

- Grasps objects
- Raises upper body with arms while lying on tummy
- Keeps head steady when sitting on your lap

Recommended vaccine

HepA

Did you know? Once your baby begins getting teeth, visit the dentist every six months.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

9 months

Milestones:

- Picks up objects while standing without losing balance
- Drinks from a cup with very little spilling
- Understands two-step commands
- Scribbles

Recommended vaccine

DTaP

Did you know? People who carry HiB bacteria can spread the disease without becoming ill themselves.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

15 months

Milestones:

- Takes steps while holding a hand
- Organizes phrases of two to three words
- Understands two-step commands
- Grasps objects between the tip of the thumb and index finger

Recommended vaccine

None

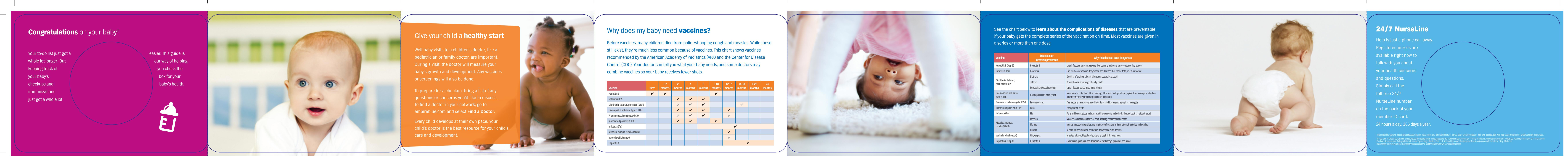
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Checkup date: ____ / ____ / ____
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52589NYMENES 03/15

Birth to 5 days

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Skin color may change slightly• Sucks, roots and turns head toward a nipple in search of food when cheek is touched• Umbilical cord begins to heal during this time	Hep B: The first dose of this series is usually given while you are in the hospital.

Did you know? Babies should sleep on their back in their own bed (bassinet or crib) to reduce their risk of Sudden Infant Death Syndrome (SIDS).

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

1 month

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Closes hands and grasps your finger	Hep B

Did you know? Your baby should have tummy time when awake and you are there to watch.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

2 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Smiles and turns head to locate sound• Soft spot on back of head closes	RV DTaP HiB PCV IPV Hep B

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Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

6 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Doubles birth weight• Sits and crawls• Gets first tooth	RV DTaP HiB PCV IPV Varicella

Did you know? Healthy babies can cry up to three hours a day.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

12 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Can stand alone and may walk• Says a couple of words• 1-year-olds should weigh three times their birth weight	RV DTaP HiB PCV IPV Influenza

Did you know? The influenza vaccine can be given after six months of age and then should be done annually. The first time it's usually given in two doses, one month apart.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

18 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Builds a tower of two to four blocks• Uses a spoon and cup, with help, to feed self• Runs stiffly and with frequent falls	Influenza (given yearly)

Did you know? Toddlers grow at a slower rate than younger babies and have less of an appetite compared to previous months.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

24 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Kicks a ball without losing balance• Organizes phrases of two to three words• Understands two-step commands• Grasps objects between the tip of the thumb and index finger• Scribbles	HepA

Did you know? Once your baby begins getting teeth, visit the dentist every six months.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

9 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Picks up objects while standing without losing balance• Raises upper body with arms while lying on tummy• Keeps head steady when sitting on your lap	RV DTaP HiB PCV IPV None

Did you know? People who carry HiB bacteria can spread the disease without becoming ill themselves.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

4 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Grasps objects• Raises upper body with arms while lying on tummy• Understands two-step commands• Keeps head steady when sitting on your lap	DTaP

Did you know? Separation anxiety is normal at this age. Babies will cling to parents even if they are with a familiar person.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

15 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Takes steps while holding a hand• Drinks from a cup with very little spilling• Grasps objects between the tip of the thumb and index finger• Scribbles	HepA

Did you know? Television and electronic devices should be avoided before age two (24 months).

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

2 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Smiles and turns head to locate sound• Soft spot on back of head closes	RV DTaP HiB PCV IPV Hep B

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Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

6 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Doubles birth weight• Sits and crawls• Gets first tooth	RV DTaP HiB PCV IPV Varicella

Did you know? Healthy babies can cry up to three hours a day.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

12 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Can stand alone and may walk• Says a couple of words• 1-year-olds should weigh three times their birth weight	RV DTaP HiB PCV IPV Influenza

Did you know? The influenza vaccine can be given after six months of age and then should be done annually. The first time it's usually given in two doses, one month apart.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

18 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Builds a tower of two to four blocks• Uses a spoon and cup, with help, to feed self• Runs stiffly and with frequent falls	Influenza (given yearly)

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Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

24 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Kicks a ball without losing balance• Organizes phrases of two to three words• Understands two-step commands• Grasps objects between the tip of the thumb and index finger• Scribbles	HepA

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Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

9 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Picks up objects while standing without losing balance• Raises upper body with arms while lying on tummy• Keeps head steady when sitting on your lap	RV DTaP HiB PCV IPV None

Did you know? People who carry HiB bacteria can spread the disease without becoming ill themselves.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

4 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Grasps objects• Raises upper body with arms while lying on tummy• Understands two-step commands• Keeps head steady when sitting on your lap	DTaP

Did you know? Separation anxiety is normal at this age. Babies will cling to parents even if they are with a familiar person.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

15 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Takes steps while holding a hand• Drinks from a cup with very little spilling• Grasps objects between the tip of the thumb and index finger• Scribbles	HepA

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Checkup date: ____ / ____ / ____
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2 months

Milestones:	Recommended vaccine
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Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

6 months

Milestones:	Recommended vaccine
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Checkup date: ____ / ____ / ____
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12 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Can stand alone and may walk• Says a couple of words• 1-year-olds should weigh three times their birth weight	RV DTaP HiB PCV IPV Influenza

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Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

24 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Kicks a ball without losing balance• Organizes phrases of two to three words• Understands two-step commands• Grasps objects between the tip of the thumb and index finger• Scribbles	HepA

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Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

9 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Picks up objects while standing without losing balance• Raises upper body with arms while lying on tummy• Keeps head steady when sitting on your lap	RV DTaP HiB PCV IPV None

Did you know? People who carry HiB bacteria can spread the disease without becoming ill themselves.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

4 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Grasps objects• Raises upper body with arms while lying on tummy• Understands two-step commands• Keeps head steady when sitting on your lap	DTaP

Did you know? Separation anxiety is normal at this age. Babies will cling to parents even if they are with a familiar person.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

15 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Takes steps while holding a hand• Drinks from a cup with very little spilling• Grasps objects between the tip of the thumb and index finger• Scribbles	HepA

Did you know? Television and electronic devices should be avoided before age two (24 months).

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

2 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Smiles and turns head to locate sound• Soft spot on back of head closes	RV DTaP HiB PCV IPV Hep B

Did you know? A rear facing car seat is the safest way to travel until your child is at least one year old and 20 pounds. Car seat laws may be different in each state. Contact your local police or the Department of Motor Vehicles (DMV) to find out what's required in your state.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

6 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Doubles birth weight• Sits and crawls• Gets first tooth	RV DTaP HiB PCV IPV Varicella

Did you know? Healthy babies can cry up to three hours a day.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

12 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Can stand alone and may walk• Says a couple of words• 1-year-olds should weigh three times their birth weight	RV DTaP HiB PCV IPV Influenza

Did you know? The influenza vaccine can be given after six months of age and then should be done annually. The first time it's usually given in two doses, one month apart.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

18 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Builds a tower of two to four blocks• Uses a spoon and cup, with help, to feed self• Runs stiffly and with frequent falls	Influenza (given yearly)

Did you know? Toddlers grow at a slower rate than younger babies and have less of an appetite compared to previous months.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

24 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Kicks a ball without losing balance• Organizes phrases of two to three words• Understands two-step commands• Grasps objects between the tip of the thumb and index finger• Scribbles	HepA

Did you know? Once your baby begins getting teeth, visit the dentist every six months.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

9 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Picks up objects while standing without losing balance• Raises upper body with arms while lying on tummy• Keeps head steady when sitting on your lap	RV DTaP HiB PCV IPV None

Did you know? People who carry HiB bacteria can spread the disease without becoming ill themselves.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

4 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Grasps objects• Raises upper body with arms while lying on tummy• Understands two-step commands• Keeps head steady when sitting on your lap	DTaP

Did you know? Separation anxiety is normal at this age. Babies will cling to parents even if they are with a familiar person.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

15 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Takes steps while holding a hand• Drinks from a cup with very little spilling• Grasps objects between the tip of the thumb and index finger• Scribbles	HepA

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Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

2 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Smiles and turns head to locate sound• Soft spot on back of head closes	RV DTaP HiB PCV IPV Hep B

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Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

6 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Doubles birth weight• Sits and crawls• Gets first tooth	RV DTaP HiB PCV IPV Varicella

Did you know? Healthy babies can cry up to three hours a day.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

12 months

Milestones:	Recommended vaccine
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Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

24 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Kicks a ball without losing balance• Organizes phrases of two to three words• Understands two-step commands• Grasps objects between the tip of the thumb and index finger• Scribbles	HepA

Did you know? Once your baby begins getting teeth, visit the dentist every six months.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

9 months

Milestones:	Recommended vaccine
<ul style="list-style-type: none">• Picks up objects while standing without losing balance• Raises upper body with arms while lying on tummy• Keeps head steady when sitting on your lap	RV DTaP HiB PCV IPV None

Did you know? People who carry HiB bacteria can spread the disease without becoming ill themselves.

Checkup date: ____ / ____ / ____
Questions for your pediatrician: _____

4 months

Milestones:	Recommended vaccine
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